



Youth Leadership Initiative Make-up Opportunities and Process

A student can miss no more than two class days to be eligible to graduate. All absences must be made up by completing a make-up session. The following activities are approved make-up opportunities, selected because they offer students the opportunity to learn more about leadership and/or our community.

Make-Up Opportunity	Description
Greater Des Moines Leadership Institute Educational Events	www.gdml.com/events Students need to contact Kelly Royal to register for the event ahead of time. Please include photo of you at the event. (Counts as 1 make-up)
Greater Des Moines Partnership Programs	www.desmoinesmetro.com Event must include an educational component. Please include photo of you at the event. (Counts as 1 make-up)
New Leadership Role	Model the way by taking on a new leadership role in your school or community that allows you to challenge yourself and bring change to your environment. (Counts as 1 make-up)
Start and Lead a Group	Share your vision with others and start a group in your school or community addressing an issue or subject area that you are passionate about being involved in! For example, Please Pass the Love, Best Buddies etc. (Counts as 2 make-ups)
Write To Your Representative	Share your voice and/or challenge the process by writing your representative regarding an issue you care about. You may provide a copy of the letter in your make-up write-up. (Counts as ½ a make-up for each representative contacted)
Speak To Your Representative	Attend a “Day on the Hill” at the State Capitol <ul style="list-style-type: none"> ● Multiple organizations and groups come together to speak to their representatives early in the year at the State Capitol and advocate for issues they care about ● Opportunities will be announced in class as they become available ● Please include photo of you at the event (Counts as 1 make-up for every 2 hours spent on the Hill)
“Hot Topic” Dialogue	Host a dialogue with other Youth Leadership Initiative class members on an issue or topic discussed in class that you would like to further explore. Please invite a mentor(s) to attend, who will assist if necessary. (Counts as 1 make-up)
Attend a School Board or City Council Meeting	Many School Board and City Council Meetings have gone virtual. Counts as 1 make-up. Please include photo of you on the virtual platform or at the event.
Attend a Des Moines Civil and Human Rights Commission Event	Counts as 1 make-up. Please include photo of you on the virtual platform or at the event.
Find a Mentor - conduct an informal interview	It is important to build and foster lifelong relationships with those who interest us or have a career of interest. (Counts as 1 make-up)

Public Library Presentations	dmpl.org or your local library Use your discretion on whether the topic is applicable to leadership and/or our community. Please include photo of you on the virtual platform or at the event. (Counts as 1 make-up)
Police Ride-Along (contact at least two weeks in advance) May not be an option with COVID-19. Note: The Institute is not responsible for the risks associated with participating in a ride-along.	Des Moines PD – David Seybert (CLP '15), djseybert@dmgov.org, 271-4651 Other cities - Contact local Police Department or Sheriff's office for availability. (Counts as 1 make-up for every 2 hour ride-along) Please include photo of you and the officer.
Polk County Housing Trust Fund Bus Tour - May not be an option with COVID-19.	Usually third Friday in October and April. (Counts as 1 make-up for every 2 hours spent)
Youth Volunteer Corps (YVC) of Des Moines is a youth-driven and youth-led service-learning program	YVC meets on every other Thursday of the month at 5:30-7:00 pm at CYC (1446 Martin Luther King Jr. Parkway), as well as holding monthly Saturday service projects. Visit their website for more information: http://cyconcepts.org/youth-volunteer-corps/
Organize a Volunteer Event* (see additional List of Ideas down below)	Enable others to act by organizing a volunteering opportunity in the community for at least 2 hours. Please include photo of you on the virtual platform or at the event. Ex: Create cloth masks, t-shirt bags for the Food Bank or DMARC, trash pick-up in your park or green space. (Counts as 1 make-up)

Additional ideas or by Request: While you may request make-ups outside of those listed above, these make-ups must be pre-approved to ensure the opportunity provides you a new and meaningful experience. That being said- we welcome your suggestions! Contact Make-up Coordinator Marina Verlengia via email to request approval at least 2 weeks prior to your make-up.

Make-up Process

- As soon as you are aware that you will be missing class, arriving late or leaving early, please contact Marina and Kelly.
 - In your email, include the date you will be missing class and time that will be missed if you will not be absent for the entire class.
 - If known, include your selected make-up opportunity in the email informing of your absence.
- Next, select a make-up opportunity in which to participate. You are welcome to complete a make-up before you miss a class.
 - For any In-Person experience missed, you will need to complete 2 make-ups.
 - If only missing half of the class, you will only need to complete 1 make-up.
 - Make-ups must be completed within 3 weeks of missing class.
 - For any Virtual experience missed, you will need to watch the recorded session before your next small group meeting.
- Within one-week after the completed make-up event, complete the Youth Leadership Initiative Make-Up google form and submit.

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- This online form will ask for information regarding the class you missed, date of make-up as well as require you to submit a paragraph describing how your make-up relates to leadership and the larger community.
- While the make-up coordinator will record your make ups, it is *your responsibility* to track your make-up activities and submit them on time.

List of Ideas for Service Projects or a Needed Make-up Updated 7/30/20

Do to the recent COVID-19 event affecting our country, this list is meant to provide you with some alternative ideas for make-ups and small group service projects. Plenty of organizations need donations and many non-profit organizations need advocacy.

As community leaders, we need to model that getting involved is even more important now and there are lots of ways to do it. This is good practice in researching community need and then deciding as a team how to help. Here are some links to explore:

United Way <https://www.unitedwaydm.org/coronavirus?hsCtaTracking=3ebde7b1-0382-4b50-9cd7-84a431b90738%7Cb7ebda89-d3ae-4493-a8b5-bd336482eaf0>

Select “COVID-19 Volunteering” There are several virtual opportunities!

Advocate to your elected officials regarding support for non-profits during this tough time. The most impactful advocacy are those stories of how your organization is being impacted and may be further impacted. Include solutions and specific asks. Offices are currently looking for examples of the impact, so that’s incredibly valuable right now. Here’s an idea to get you started:

<https://www.unitedway.org/get-involved/take-action/coronavirus-congress-charitable-sector?fbclid=IwAR1c-ZKiMK9VbPafclDTf1fKbSFEZc1xijWGEtHCpGRKsPXad6QaEIZ2eCk>

Here is a list of non-profits to consider, many of which have Institute alumni leading their missions:

- DMARC – Virtual food drive. <https://www.dmarcunited.org/donate/virtual-drive/> Check out this [virtual drive](#) created by Abby Mayo. Abby recommends connecting with Shoshana Salowitz ssalowitz@dmarcunited.org if you are interested in creating your own virtual drive.
- Greater Des Moines Leadership Institute – www.gdmli.com/yli Help us recruit for the next class of students! What creative social media campaigns can you launch? Create a video of why someone should apply!
- Community Youth Concepts (CYC) - www.cyconcepts.org – Check out their uVoice and Youth Volunteer Corps (YVC) programs.
- Food Bank of Iowa - <https://www.foodbankiowa.org/>
- Wesley Life: <https://www.wesleylife.org/giving/volunteering/>

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- CISS – <https://centraliowashelter.org/how-to-help/volunteer.html>
 - There's a great link called "View our Volunteer Opportunities here to get involved!"
 - Volunteer Coordinator: Melissa Gradischnig MelissaG@centraliowashelter.org – She talked about the opportunity to make cloth t-shirt bags for resident onsite shopping. You can also email her to see if there are other, virtual opportunities.
- ARL - <https://www.arl-iowa.org/get-involved/volunteer>
- Eat Greater Des Moines <https://www.eatgreaterdesmoines.org/> Check out the Initiatives tab and Garden Support. Great way to volunteer during the pandemic.
- Young Women's Resource Center: <https://ywrc.org/get-involved/volunteer>
- Oakridge Neighborhood - <http://oakridgeneighborhood.org/services/youth-programs>
- One Iowa - <https://oneiowa.org/>, contact Courtney Reyes, Executive Director, courtney@oneiowa.org and let her know that you would like to get involved!
- Iowa Safe Schools - <https://www.iowasafeschools.org/> Become familiar with their mission and find ways to engage in their mission to provide safe, supportive, and nurturing learning environments and communities for LGBTQ and allied youth through education, outreach, advocacy, and direct services

Willkie House - <https://www.willkiehouse.org/get-involved> or contact Jonathan Douglas at jdouglas@willkiehouse.org

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